

MY NEW PRESCRIPTION & SYMPTOM JOURNEY



A Patient Advocacy Tool

Medication Name:

Date Started:

Prescribed Dosage & Instructions:

Doctor's Name:

DISCUSSION POINTS FOR DOCTOR VISIT



1. What is the exact purpose of this drug? (Doctor's response)



2. What are the most common side effects to track? (Doctor's response)



3. Interactions with my current meds? (Doctor's response)



4. Expected improvement timeline? (Doctor's response)



5. Red flags for urgent care? (Doctor's response)

Medical Disclaimer: This document is for educational and tracking purposes only. It does not constitute medical advice, diagnosis, or treatment. Always seek the advice of your physician or other qualified healthcare provider with any questions you may have regarding a medical condition or medication. Never disregard professional medical advice or delay in seeking it because of anything you read or heard by Rooted in Violet & Co.

